



What should I do if my child is being bullied online?

Ensure that your child understands that if they receive unkind messages or see something that worries them, they should not reply or engage in conversation with the perpetrator.

Instead, they should tell a trusted adult.

You can use the tools within an app to report any offensive or hurtful content as well as block people so they cannot contact you again in the future.

Further information

[https://
www.esafety.gov.
au/kids/i-want-
help-with/how-do-
i-know-if-im-being-
mean-online](https://www.esafety.gov.au/kids/i-want-help-with/how-do-i-know-if-im-being-mean-online)

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WhatsApp and BeReal

The NSPCC has published advice on two very popular apps with children - WhatsApp and BeReal

WhatsApp is rated 16+ . The app allows you to send and receive messages, as well as make voice and video calls. You can connect with people individually or join group chats where lots of people can contribute. The NSPCC advice will help you get to grips with the safety tools available including setting privacy and location settings.

The risks of WhatsApp including unwanted contact, pressure to respond, location sharing, inappropriate content, cyberbullying and oversharing are explored

[Explore the NSPCC WhatsApp advice](#)

BeReal app is rated 12+. This is a popular image-sharing app where you can post your own pictures as well as view other people's. Users can only post once a day and are only able to see their friends' images if they have shared their own.

At a different time every day, users receive an alert telling them it's 'Time to Be-Real'. This gives them two minutes to take a picture, and post it on the app. The NSPCC advice page looks at potential risks including the pressure to share, location sharing, inappropriate content, oversharing and unwanted contact. The advice page also offers top tips for staying safe.

[Explore the NSPCC BeReal advice](#)

What is YouTube Go Live Together?

YouTube have begun rolling out a new live streaming feature called 'Go Live Together'. A helpful guide from iNEQE outlines what the feature is, what the risks are, and some top tips to help the children and young people in your care stay safer if they choose to livestream on YouTube.

[Read the iNEQE safeguarding Groups guide](#)

Inappropriate contact from an adult

The Child Exploitation and Online Protection Command (CEOP) helps keep children safe from online grooming. CEOP is part of the police service and sits within the National Crime Agency. If you suspect an adult is communicating with a child inappropriately, or a child is being sexually abused online, you should report this to [CEOP](#).

Online hate content

Online content which incites hatred should be reported to True Vision at [report-it.org.uk](#) which covers the grounds of race, religion, disability, sexual orientation or gender. This content should also be reported directly to the platform on which it appears.