



Highfields Primary School Online Safety Newsletter

F E B R U A R Y 2 0 2 4

Reality Check from Parent Zone

Most VR Headsets have a minimum age recommendation of 13+ and VR games are rated by PEGI too so check their age rating/suitability.

Parent Zone, VoiceBox and Meta have created a series of videos explaining the safety and parental control tools available when using VR and how to have a conversation with your child about VR.

Find out more here:

<https://parentzone.org.uk/realitycheck>

Setting up parental controls on your child's mobile

If you do not have the same mobile phone as your child, and therefore are unable to use Google Family link or Apple Family Sharing, then you can set restrictions on your child's device instead.

Apple devices:

To set up restrictions on your child's device directly (rather than using an app) then follow the instructions on the link below:

<https://support.apple.com/en-us/HT201304>

The instructions will show you how to get to the settings on your child's phone and then how to set restrictions such as restrict content, schedule downtime, set time limits for apps. You will need to set a passcode 'use a screen time passcode' to ensure changes cannot be made after you have set them.

Android devices:

As with the above link, this link shows you how to set up parental controls on the device itself by creating a PIN:

<https://support.google.com/googleplay/answer/1075738?hl=en-GB#zippy=%2Cfor-family-members-who-manage-their-own-accounts>

Online Safety advice for Early Years

Internet Matters have teamed up with EE to create 'Online Safety Starts Early.' This is a 4-episode series, for those with children in Early Years. Episode one highlights how to create positive habits from the beginning and then provides links to additional resources.

<https://www.internetmatters.org/advice/0-5/online-safety-video-guides-early-years/>

EE Learn

EE Learn includes an array of information and guidance on how to keep your child safe online, for example tips on how to help your child when they are online. Find out more here: <https://ee.co.uk/do-more-with-ee/learn>